

Date: August 1st 2017

Carlow Town Park Activity Hub 2017– Adventure for All

Looking for ways to fill your sunny summer days and wonderful weekends in Carlow? Imagine the fresh air and the relaxation topped off with fun and excitement. The Carlow Town Park Activity Hub is the place to be this summer and it caters for all the family. Splash around in kayaks and canoes, friends can wave as you cycle along the waterside trails, enjoy a fun treasure hunt together. Try something new, have fun and get outdoors this summer!

Carlow County Council, Carlow Local Sports Partnership, Carlow Tourism, Carlow Regional Youth Services, in conjunction with Waterways Ireland, have developed a 'pop-up' activity hub for August 2017 in the Town Park offering a range of activities including kayaking, stand-up paddling, bike hire, treasure hunts, orienteering and much more.

The activity hub is the perfect way to explore and experience the wonderful River Barrow, from water and land. Friends and family can enjoy being outdoors in nature, providing the stage for memorable experiences and first class activities.

What are you waiting for? Book your next adventure today ...

- Cycle Bike Hire & Electric Bike Hire. Discover the Barrow track with Barrowline Cruisers;
- Kayak & Stand Up Paddling with Carlow Regional Youth Services & Pure Adventure;
- Fishing & Raft Building with Carlow Regional Youth Services;
- Rowing taster sessions with Carlow Rowing Club;
- Dragon Boat taster sessions with Carlow Dragon Boat Club;
- Wildlife Treasure Hunt with Blackstairs Ecotrails;
- Photo Orienteering with Carlow Local Sports Partnership & Wildways Adventures;
- Buggy Buddies fitness in the park for mums with Carlow Local Sports Partnership & Supreme Fitness.

Full details and pricing are available at the Local Sports Partnership office. Email mjduggan@carlowcoco.ie or Ph: 059 9136207 / 0872145262

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